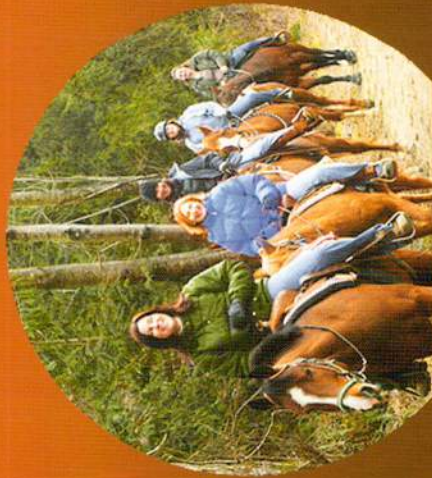


Recreation on the Ranch!



Trail Rides!
Birthday Parties!
Volunteer Opportunities!
Call Today!

Clip This Coupon!

- * 10% Off one trail ride
- * 10% Off one birthday party
- * 15% Off one riding lesson



Our facility sits on 80 acres of scenic woods and pastures just 90 minutes north of St. Paul/Minneapolis, Minnesota. It is conveniently located between Interstate 35 and US Highway 65, one mile south of US Highway 23.

Horses, Healing, Changing Lives... Body, Mind & Soul



Equine-Assisted Therapy Services



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Brook Park, MN 55007

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www.changinggaits.org

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Fred Carlson 320-232-3573



How Does Equine-

Assisted Therapy Work?

A licensed alcohol & drug counselor or family therapist and an equine specialist work together to design sessions that require the client to apply certain skills. This professional effort is intense and effective, complementing other treatment methods.



Faith-Based: For those who are willing, a spiritual component is available, helping people heal in a holistic fashion. Founder Guy Kaufman and staff believe that Divine Love combined with Truth will set people free. †

Offering Equine-Assisted Therapy & Support



Addictions/Substance Abuse

- Effective, Relevant Therapy
- 12-Step Faith-Based Group Meeting
- Equine-Assisted Addiction Services

Personal & Family Issues

- At-Risk Youth Behaviors
- Family Communication
- Anger, Stress, Abuse, More...

Poverty

A special initiative to help people who are economically challenged

Veteran Support

Providing discounts and resources for veterans and their families

Call for Costs and Scheduling

320-438-4001

Mission

Changing Gaits is a faith-based, nonprofit organization that:

Uses the Healing Bond with Horses to Educate, Mentor and Empower Behavioral Changes and Enhance Life Skills For People of All Ages.

Specializing In...

- Relapse Prevention
- Understanding Addictive Trigger Points
- Trust and Respect
- Self-Esteem Building
- Team Building
- Non-verbal Communication

"There is something about the outside of a Horse that is good for the inside of a man."

-Winston Churchill

Contact us for
Free Equine Demonstrations!